

A report of webinar on Socio-Psychological impact of Covid 19 in academics and its management.

The Faculty of Pharmacy, Integral University has organized a webinar on the topic “**Socio-Psychological impact of Covid 19 in academics and its management., on 28 May, 2020.** The webinar based on the current crisis included four eminent panelists from within India and overseas. You tube was selected as the platform to conduct the webinar. Its delighting to note that more than 2000 participants registered and most of them actively participated through asking questions and provided their positive feedback.

The convenor of the webinar, Professor Syed Misbahul Hasan, Dean, Faculty of Pharmacy, conducted the event as the moderator. The organizing secretary of the event was Dr. Tarique Mahmood , Head, faculty of Pharmacy and the event was co- ordinated by Dr. Vaseem Ansari, Dr. Kuldeep Singh, Dr. Shazia Usmani, Dr. Poonam Kushwaha and Mr. Farogh Ahsan.

Dr. Alka Ahuja, Professor, National University of science and technology, Muscat, Oman; Dr. Tanveer Naved, Head, Amity Institute of Pharmacy, Amity university, Noida; Dr. Shazli Ahmed Khan, Country head and ophthalmologist, Novartis, Vietnam and Dr. Megha Singh, Psychologist, Lucknow university shared their opinions as panelists, on the common platform of the webinar. The panelists concentrated on all possible aspects of the situation adhering to their areas of specialization.

Dr Alka Ahuja dealt with the social aspects of the COVID-19 crisis and pointed out that academicians are facing an unprecedented challenge and that they are cognizant of the fact that the crisis will continue for a considerable period. Nonetheless, according to her, optimism persists and resorting to technology is the only solution. She also accentuated upon the need to update the infrastructure of universities.

Dr Tanveer Naved highlighted how the current situation has led to the rebooting of the entire system and pointed out the need to alter individual mindsets as well. He opined that there is a need to develop a student-centric support system to deal with multifarious day to day issues of the students. On the matter of examinations, he suggested if the current situation continues to persist, then proctored examinations will have to be conducted online taking into account the maintenance of the sanctity of the procedure.

Dr. Shazli Ahmed Khan touched upon the response of the pharmaceutical industry to the crisis and its socio-psychological impacts. He pointed out that the industry has witnessed the largest and fastest mobilization of global scientific capabilities in a public health crisis in the history of humankind. For the students, he stressed that there has been an unprecedented expansion in the health tech ecosystem ranging from online delivery of medicine to digital therapeutics and that there are avenues within the pharma industry that are already benefiting from technology.

Dr. Megha Singh emphasised that negative stress is a reaction to change and affects the mind and body both. She opined that COVID-19 may have a severe social and psychological impact on many and highlighted that individuals that have quarantined for a long period might have poor mental health along with people around them. She emphasized that understanding the issue is indispensable to good mental health and identifying signs of stress is therefore extremely important. She suggested exercise, relaxation, meditation and time management to combat such problems.

The event was concluded by question-answer session to quench the apprehensions of the audience, by the panelists.



WEBINAR ON

"Socio-Psychological impact of COVID-19 in Academics and its Management" (Panel Discussion)

28th May, 2020, 3:00-4:00 PM

PANELLISTS



Dr. Tanveer Naved
Associate professor and Joint Head,
Amity Institute of Pharmacy
Amity University, Noida, Uttar Pradesh



Dr. Shazli Ahmed Khan
Country Head, Ophthalmology
Business Division, Novartis, Vietnam



Dr. Megha Singh
Assistant Professor,
Deptt. of Psychology, Lucknow University

**NO REGISTRATION
FEES**
Pre-registration is
required to attend
the webinar



Moderator
Prof Syed Misbahul Hasan
Dean, Faculty of Pharmacy Integral University

Platform


Organised by

FACULTY OF PHARMACY INTEGRAL UNIVERSITY LUCKNOW

Dr. Tarique Mahmood
Head
Faculty of Pharmacy

Prof. Syed Misbahul Hasan
Dean
Faculty of Pharmacy